

LETTER TO EDITOR

Incidental finding of intravascular large B cell lymphoma in a multinodular goiter

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Dear Editor,

Intravascular large B cell lymphoma (IVLBCL) has an estimated incidence of 1 in 1 million population.¹ Here, we present the histopathological findings of a case of IVLBCL identified incidentally in the thyroid of a patient with multinodular goiter. This was a 74-year-old lady presented to our hospital with exertional dyspnea. She was found to have multinodular goiter with retrosternal extension and tracheal compression. Otherwise, she was euthyroid. Clinically, there was neither lymphadenopathy nor hepatosplenomegaly. Subsequently, a hemithyroidectomy was performed. Macroscopic examination showed multiple nodules with two dominant nodules displaying brownish myxoid cut surface. Microscopically, there are multiple clusters of large atypical lymphoid cells identified within the capillaries, in particularly seen in the prominent nodules without any extravascular growth. These cells showed large, pleomorphic nuclei, irregular nuclear membrane, hyperchromatic to vesicular nuclei, prominent single to multiple nucleoli and scanty cytoplasm. Immunohistochemically, they are positive towards LCA and CD 20 and shows non-germinal center subtype with high proliferative index (Fig. 1 and 2). A final diagnosis of classic IVLBCL was rendered.

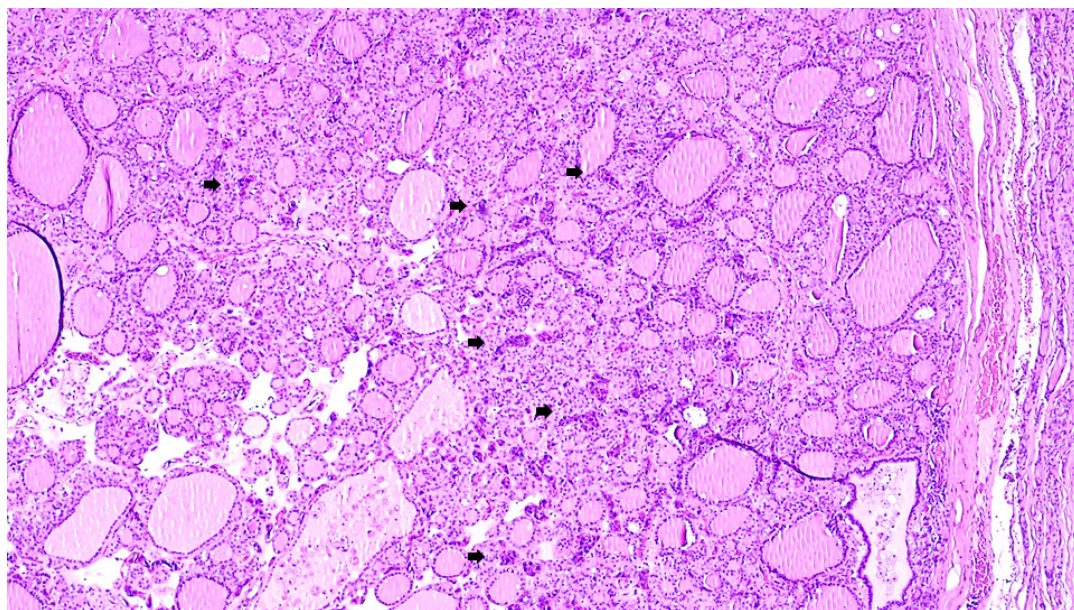


Fig. 1. There are many atypical lymphoid cells within the vascular spaces in an adenomatoid nodule (small black arrows)(H&E, x20).

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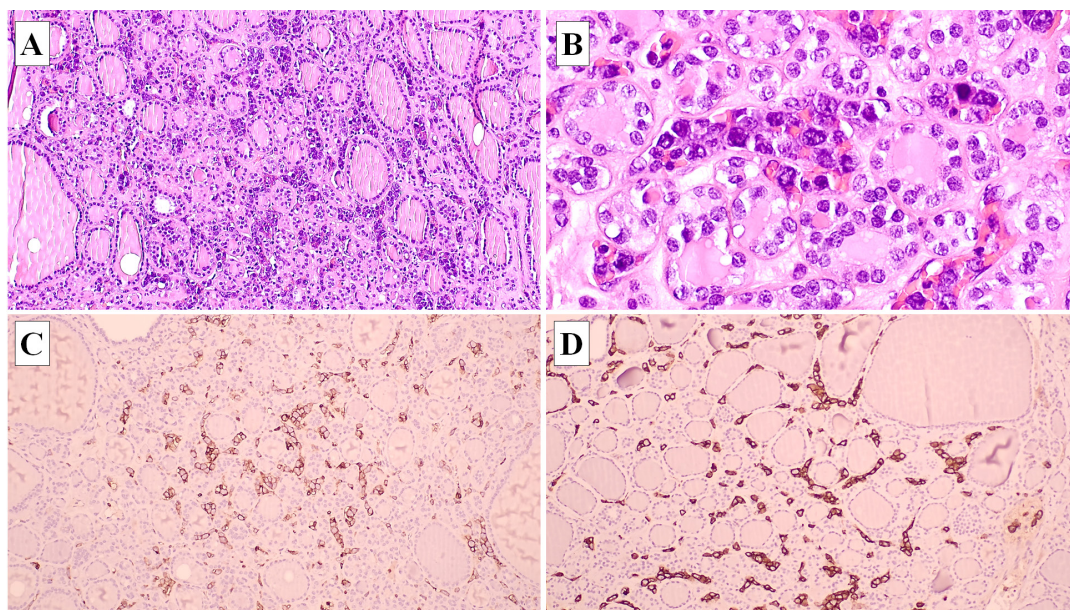


Fig. 2. Intravascular large B cell lymphoma. A) Multiple clusters of intravascular atypical lymphoid cells (H&E, x40). B) The atypical lymphoid cells demonstrate singularly distributed, markedly pleomorphic and hyperchromatic nuclei, coarse chromatin and high nucleo-cytoplasmic ratio (H&E, x400). These cells are positive toward leukocyte common antigen (LCA)(C) and CD20 (D) immunohistochemistry.

IVLBCL usually presented with non-specific symptoms without lymphadenopathy and absence of lymphoma cells in peripheral blood smears. It usually presents with a delayed diagnosis; hence, usually have a guarded prognosis. The other possible sites of involvement are various endocrine organs, brain, lung, spleen, kidney and skin. Only a few cases of IVLBCL have been reported in the thyroid gland. Studies have shown that chemotherapy with rituximab improved the clinical outcome.² Recently, study showed a high prevalence of mutations in genes involved the BCR/NF- κ B signaling pathway and alterations in genes modulating the interactions of tumor cells with the microenvironment beyond the PD-L1 axis.³ It is crucial to go through the slides at high magnification even in a case of clinical suspected multinodular goiter to prevent misdiagnosis. Subsequently, a judicious use of immunohistochemistry is important to work-up the case with atypical cells in the blood vessels. The possible differential diagnoses include lymphangitic carcinomatosis, intravascular leukaemic infiltrate and lymphangitic spread of melanoma.

Keywords: Incidental finding, large B cell lymphoma, goiter, thyroid

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